

Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) Survey

2014 Surveillance Report

A Survey to Improve the Health of Babies and Mothers in Arkansas



**Arkansas Department of Health
Survey Unit, Health Statistics Branch
Center for Public Health Practice**

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Introduction

The Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) survey is a joint research project between the Health Statistics Branch of the Arkansas Department of Health and the U.S. Centers for Disease Control and Prevention (CDC). The PRAMS survey was started by the CDC in 1987 to provide states with information needed to reduce the number and percentage of babies that are low birthweight and to prevent infant mortality. The program was later expanded to support the CDC's Safe Motherhood Initiative to help women have healthy pregnancies and deliver healthy babies. Arkansas has been conducting the survey since 1997.

The PRAMS survey collects information from new mothers about their experiences and behaviors before, during, and after their pregnancy that might affect the health of their baby or the health of the mother. Because the same data collection methods are used in all states conducting the survey, Arkansas data can be compared to data from other states.

Women who receive the survey are chosen from a sample of all Arkansas women who recently had a live birth in Arkansas and whose infant is 2 to 6 months at the time of the sample is selected. The sample is adjusted so that the results of the survey are applicable to all eligible women. Arkansas sends surveys to about 1,800 women a year.

PRAMS can be used in a number of ways:

- To develop programs or interventions to improve infant health
- To identify groups of women at high risk for infant health problems
- To monitor changes in factors related to infant health
- To measure progress towards goals in improving the health of infants

This surveillance report provides results for questions included in the 2014 Arkansas PRAMS survey. Questions on the survey were grouped to capture information on experiences and behaviors before, during, and after pregnancy and other experiences. A more detailed analysis (e.g., race/ethnicity, age, education, etc.) for any of the questions is available upon request. A copy of the 2014 (Phase 7) survey with the questions referenced in the report is available at <http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/Questionnaires.aspx>.

For more information about Arkansas PRAMS please visit

<http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/default.aspx>.

Information about CDC PRAMS is available at www.cdc.gov/prams.

Maternal Characteristics of Arkansas PRAMS Respondents, 2014

Characteristic	Sample Size (n) ⁱ	Weighted Sample	Weighted Percent ⁱⁱ	SE*
Race/Ethnicity				
White, NH	330	17,900	71.8	2.8
Black, NH	187	3,955	15.9	2.1
Other, NH	9	479	1.9	0.8
Hispanic	43	2,594	10.4	2.1
Total	569	24,927	100.0	
Age				
<20	69	2,619	10.3	2.0
20-24	182	6,387	25.2	2.7
25-34	257	13,262	52.3	3.1
35+	68	3,089	12.2	2.0
Total	576	25,358	100.0	
Education				
<High School	96	3,729	14.7	2.3
High School	189	7,426	29.3	2.9
>High School	288	14,197	56.0	3.1
Total	573	25,353	100.0	
Marital Status				
Married	280	14,608	57.6	3.1
Unmarried	296	10,750	42.4	3.1
Total	576	25,358	100.0	
On Medicaid**				
Yes	341	12,444	49.4	3.1
No	227	12,739	50.6	3.1
Total	568	25,183	100.0	
Received WIC During Pregnancy				
No	206	12,696	50.9	3.1
Yes	360	12,260	49.1	3.1
Total	566	24,956	100.0	

*Standard error

**Prenatal care paid for by Medicaid or ARKids First.

RESULTS FROM 2014 ARKANSAS PRAMS SURVEY

BEFORE PREGNANCY

Table 1. Body Mass Index (BMI) prior to pregnancy. Derived from survey questions 1-2 about height and weight just before getting pregnant.

Pre-pregnancy BMI	Responses (n)	Weighted Percent	Standard Error	95% CI	
Underweight (< 18.5)	31	6.5	1.7	3.2	9.8
Normal (18.5-24.9)	234	47.2	3.2	41.0	53.4
Overweight (25.0-29.9)	134	19.7	2.5	14.8	24.6
Obese (30.0 +)	148	26.6	2.8	21.1	32.2
Total	547	100.0			

Table 2. Birth history from survey questions 4-6. Prevalence of previous low birth weight and preterm infants among women who have had previous births.

Birth History	Responses (n)	Weighted Percent	Standard Error	95% CI	
Previous live birth					
No	211	35.5	3.0	29.6	41.4
Yes	356	64.5	3.0	58.6	70.4
Total	567	100.0			
Previous low birth weight infant					
No	282	85.4	2.7	80.0	90.7
Yes	71	14.6	2.7	9.3	20.0
Total	353	100.0			
Previous preterm birth					
No	282	84.5	2.7	79.2	89.8
Yes	73	15.5	2.7	10.2	20.8
Total	355	100.0			

Table 3. From survey question 7. Prevalence of behaviors during 12 months before getting pregnant with new baby (Preconception health). All applicable Yes responses checked.

Behaviors during 12 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Dieting to lose weight	167	31.8	2.9	26.1	37.5
Exercising 3 or days per week	229	43.0	3.1	36.9	49.0
Taking prescription medications other than birth control	114	21.4	2.6	16.4	26.4
Visited health care worker and was checked for diabetes	115	18.3	2.4	13.5	23.1
Visited health care worker and was checked for high blood pressure	152	25.0	2.7	19.7	30.3
Visited health care worker and was checked for depression or anxiety	110	18.8	2.5	14.0	23.6
Talked to health care worker about family medical history	169	28.0	2.8	22.5	33.4
Had teeth cleaned by dentist or dental hygienist	264	47.7	3.1	41.6	53.8

Table 4. Survey question 8. Type of health insurance a month before getting pregnant with new baby. Mother checked all that were applicable.

Source of health insurance before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Insurance from job or job of husband, partner, or parents	213	47.4	3.1	41.3	53.5
Insurance purchased directly from insurance company	33	6.7	1.5	3.8	9.6
Medicaid	127	11.3	1.8	7.7	14.9
ARKids First	60	7.7	1.7	4.3	11.1
Tricare or other military	†11	1.4	0.7	0.1	2.7
Other	†24	4.8	1.4	2.1	7.5
None	152	25.0	2.8	19.6	30.4

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 5. Survey question 9. Multivitamin, prenatal vitamin, or folic acid vitamin use during month before got pregnant with new baby.

How often vitamins taken	Responses (n)	Weighted Percent	Standard Error	95% CI	
Didn't take any vitamins	357	58.6	3.0	52.6	64.6
1-3 times a week	39	5.6	1.3	3.0	8.2
4-6 times a week	†19	4.3	1.2	1.9	6.6
Every day of the week	158	31.5	2.9	25.9	37.2
Total	573	100.0			

Table 6. Survey question 10. Advice from health care worker about how to improve health before pregnancy.

Talked to about improving health	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	454	82.6	2.3	78.0	87.2
Yes	119	17.4	2.3	12.8	22.0
Total	573	100.0			

Table 7. Survey question 11. Before pregnancy, told had health conditions by health care worker.

Health Condition	Responses (n)	Weighted Percent	Standard Error	95% CI	
Type 1 or 2 diabetes					
No	544	97.1	1.0	95.1	99.1
Yes	†23	2.9	1.0	0.9	4.9
Total	567	100.0			
High blood pressure or hypertension					
No	507	93.0	1.5	90.0	95.9
Yes	62	7.0	1.5	4.1	10.0
Total	569	100.0			
Depression					
No	488	87.8	2.0	83.8	91.8
Yes	80	12.2	2.0	8.2	16.2
Total	568	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 8. Survey question 12. Feelings about becoming pregnant prior to this pregnancy.

Pregnancy feelings	Responses (n)	Weighted Percent	Standard Error	95% CI	
Wanted Later	154	20.9	2.5	16.1	25.8
Wanted sooner	34	6.6	1.6	3.5	9.6
Wanted then	203	44.6	3.1	38.5	50.7
Wanted never	67	8.3	1.7	5.1	11.6
Not sure how felt	115	19.6	2.5	14.7	24.6
Total	573	100.0			

Table 9. From survey question 12. Among women who wanted a later pregnancy, how much later.

How much later	Responses (n)	Weighted Percent	Standard Error	95% CI	
Less than 1 year	†16	13.1	4.6	3.9	22.3
1 year to 2 years	41	28.8	5.8	17.2	40.3
2 years to 3 years	39	22.4	5.5	11.4	33.3
3 years to 5 years	40	28.2	6.1	16.1	40.2
More than 5 years	†17	7.5	3.7	0.2	14.9
Total	153	100.0			

Table 10. From survey question 14. Percentage of women trying to get pregnant when became pregnant.

Trying to get pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	360	54.4	3.1	48.3	60.5
Yes	213	45.6	3.1	39.5	51.7
Total	573	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 11. From survey question 15. Percentage of women who were not trying to get pregnant (Table 10) and were doing something to keep from getting pregnant.

Trying to keep from getting pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	204	62.8	4.1	54.8	70.8
Yes	149	37.2	4.1	29.2	45.2
Total	353	100.0			

Table 12. Survey question 16. For women not trying to get pregnant (Q. 14) and not using contraceptives (Q. 15), reasons for not doing anything to keep from getting pregnant. All applicable reasons checked.

Reason for not doing anything	Responses (n)	Weighted Percent	Standard Error	95% CI	
Didn't mind	75	37.7	5.2	27.5	48.0
Thought could not get pregnant at that time	64	32.2	5.1	22.1	42.3
Had side effects from birth control	†24	10.2	3.3	3.7	16.7
Problems getting birth control when needed	†14	6.9	2.7	1.5	12.2
Thought could not get pregnant at all	†29	14.2	3.7	7.0	21.4
Husband/partner did not want to use anything	37	12.6	3.6	5.5	19.6
Forgot to use birth control	†12	4.7	2.4	0.0	9.4
Other reason	†17	6.7	2.6	1.6	11.7

DURING PREGNANCY

Table 13. Derived from survey question 17. Prevalence of prenatal care in the first trimester.

Received prenatal care in 1st trimester	Responses (n)	Weighted Percent	Standard Error	95% CI	
Yes	445	79.5	2.6	74.5	84.6
No	118	19.9	2.6	14.8	24.9
No PNC	†5	0.6	0.4	0.0	1.4
Total	568	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 14. Survey question 18. Where woman went most of the time for prenatal care visits.

Source of prenatal care	Responses (n)	Weighted Percent	Standard Error	95% CI	
Hospital clinic	157	36.0	3.1	29.9	42.0
Health Department clinic	56	6.1	1.5	3.3	9.0
Private doctor's office	303	49.8	3.1	43.7	56.0
Community health center	†10	1.6	0.8	0.0	3.2
Midwife	30	4.4	1.2	2.0	6.8
Other	†8	2.1	0.9	0.4	3.8
Total	564	100.0			

Table 15. Survey question 19. Type of health insurance used for prenatal care during most recent pregnancy. All applicable choices selected.

Type of insurance used	Responses (n)	Weighted Percent	Standard Error	95% CI	
Insurance from job or job of husband, partner, or parents partner, or parents	173	41.0	3.0	35.0	47.0
Insurance purchased directly from insurance company	†29	5.4	1.4	2.8	8.1
Medicaid	321	45.7	3.1	39.6	51.8
ARKids	43	5.9	1.5	2.9	9.0
Tricare or other military	†10	1.9	0.8	0.3	3.6
Other	†23	4.4	1.3	1.9	7.0
None	†20	2.5	0.9	0.8	4.2

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 16. Survey question 20. Topics of discussion with health care worker during prenatal visits (%Yes). All applicable choices selected.

Topic of discussion	Responses (n)	Weighted Percent	Standard Error	95% CI	
Weight gain during pregnancy	390	68.0	3.0	62.2	73.8
How smoking can affect baby	420	71.5	2.8	66.0	77.0
Breastfeeding my baby	444	76.9	2.6	71.7	82.1
How drinking can affect baby	397	66.0	3.0	60.1	71.8
Using seat belt during pregnancy	266	41.4	3.1	35.4	47.5
Safe medicines during pregnancy	504	89.3	1.9	85.5	93.2
The effect of illegal drugs on baby	372	58.4	3.1	52.3	64.4
Screening for birth defects or diseases	454	84.1	2.3	79.7	88.6
Signs and symptoms of preterm labor	407	72.9	2.8	67.4	78.4
Getting tested for HIV	360	59.0	3.1	52.9	65.1
What to do about depression before and after pregnancy	338	63.9	3.0	58.1	69.8
Physical abuse by husband or partner	217	35.1	3.0	29.2	41.1

Table 17. Survey question 21. Test for HIV during most recent pregnancy or delivery.

Tested for HIV	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	140	33.6	3.3	27.2	40.0
Yes	323	66.4	3.3	60.0	72.8
Total	463	100.0			

Table 18. Question question 22. Ever heard or read that taking folic acid can prevent birth defects.

Heard or read about folic acid	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	157	24.3	2.7	19.0	29.6
Yes	411	75.7	2.7	70.4	81.0
Total	568	100.0			

Table 19. Survey question 23. Health care worker offered or told to get flu shot 12 months before delivery of new baby.

Offered or told to get flu shot	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	155	20.5	2.4	15.7	25.3
Yes	411	79.5	2.4	74.7	84.3
Total	566	100.0			

Table 20. Survey Question 24. Received flu shot 12 months before delivery of new baby.

Got flu shot	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	318	49.6	3.1	43.4	55.7
Yes, before pregnancy	62	9.5	1.9	5.8	13.2
Yes, during pregnancy	178	40.9	3.1	34.8	47.0
Total	558	100.0			

Table 21. Survey question 26. Knowledge of care of teeth during most recent pregnancy (%Yes). All applicable responses checked.

Care of teeth	Responses (n)	Weighted Percent	Standard Error	95% CI	
Knew it was important to care for teeth and gums	498	89.0	1.9	85.2	92.8
Health care worker talked to me about care of teeth and gums	254	46.5	3.1	40.4	52.6
Had teeth cleaned by dentist or dental hygienist	237	47.5	3.1	41.4	53.7
Had dental insurance	313	59.8	3.1	53.7	65.9
Needed to see dentist for problem	141	28.2	2.9	22.5	33.9
Went to see dentist for problem	100	20.5	2.6	15.4	25.6

Table 22. Survey question 27. Percentage of women who take a class to prepare for childbirth, labor, and delivery.

Took class	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	494	84.9	2.2	80.5	89.2
Yes	75	15.1	2.2	10.8	19.5
Total	569	100.0			

Table 23. Survey question 28. Percentage of women who had a home visitor to help prepare for new baby.

Help from home visitor	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	532	97.5	0.9	95.7	99.3
Yes	37	2.5	0.9	0.7	4.3
Total	569	100.0			

Table 24. Survey question 30. Women on WIC who received breastfeeding information during WIC visits.

Received breastfeeding information	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	†13	3.3	1.7	0.0	6.7
Yes	343	96.7	1.7	93.3	100.0
Total	356	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 25. Survey question 31. Told had gestational diabetes during most recent pregnancy.

Told had gestational diabetes	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	506	89.9	2.0	85.9	93.8
Yes	52	10.1	2.0	6.2	14.1
Total	558	100.0			

Table 26. Derived from survey questions 32-35. Prevalence of smoking before, during, and after pregnancy. (Smoking questions asked of women who had smoked any cigarettes in the past two years.)

Smoked 3 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	381	66.3	3.0	60.4	72.1
Yes	187	33.7	3.0	27.9	39.6
Total	568	100.0			
Smoked last 3 months of pregnancy					
No	473	82.8	2.4	78.0	87.6
Yes	94	17.2	2.4	12.4	22.0
Total	567	100.0			
Smoke now (at time of survey)					
No	430	77.7	2.7	72.5	82.9
Yes	138	22.3	2.7	17.1	27.5
Total	568	100.0			

Table 27. Derived from survey questions 32-25. Women who quit smoking during last 3 months of pregnancy and resumed after delivery.

Smoking status last three months of pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Quit in last three months	93	48.9	5.6	37.9	60.0
Did not quit in last three months	93	51.1	5.6	40.0	62.1
Total	186	100.0			
Smoking status after delivery for women who quit					
Smoking resumed after delivery	50	48.4	8.0	32.5	64.2
Smoking not resumed after delivery	43	51.6	8.0	35.8	67.5
Total	93	100.0			

Table 28. Derived from survey questions 36-38. Prevalence of drinking before and during pregnancy. (Drinking questions asked of women who had any alcoholic drinks in the past two years.)

Drinking and pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Drank 3 months before pregnancy					
No	289	43.7	3.1	37.6	49.7
Yes	276	56.3	3.1	50.3	62.4
Total	565	100.0			
Drank last 3 months of pregnancy					
No	545	97.2	1.0	95.3	99.1
Yes	†20	2.8	1.0	0.9	4.7
Total	565	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 29. Survey question 39. Sources of stress 12 months before baby was born (% Yes for all applicable sources).

Source of stress	Responses (n)	Weighted Percent	Standard Error	95% CI	
Close family member ill and in hospital	156	28.2	2.8	22.7	33.7
Got separated or divorced	69	11.1	2.0	7.1	15.1
Moved to new address	222	40.3	3.1	34.3	46.4
Homeless	†13	1.7	0.8	0.1	3.4
Husband or partner lost job	56	9.4	1.8	5.9	13.0
Woman lost job and wanted to work	68	8.5	1.7	5.2	11.7
Woman, husband, or partner had cut in pay or work hours	83	15.4	2.2	10.9	19.8
Apart from husband or partner due to work or military deployment	†28	6.1	1.5	3.1	9.0
Argued with husband or partner more than usual	169	25.3	2.7	20.0	30.7
Husband or partner didn't want pregnancy	57	8.0	1.7	4.7	11.4
Had problems paying bills	118	18.8	2.4	13.9	23.6
Husband, partner, or woman went to jail	30	5.1	1.5	2.3	8.0
Close person had drinking or drug problem	84	15.7	2.3	11.1	20.3
Someone close died	131	25.0	2.8	19.6	30.5

Table 30. Survey questions 40-43. Abuse 12 months before pregnancy and during pregnancy.

Source of abuse	Responses (n)	Weighted Percent	Standard Error	95% CI	
<u>12 months before pregnancy</u>					
Abused by husband or partner	†20	2.7	1.0	0.8	4.6
Abused by someone else	†10	1.5	0.8	0.0	3.0
<u>During most recent pregnancy</u>					
Abused by husband or partner	†21	3.0	1.1	0.9	5.1
Abused by someone else	†6	1.1	0.7	0.0	2.5

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 31. Derived from survey question 45. Weight gain during pregnancy.

Weight gain	Responses (n)	Weighted Percent	Standard Error	95% CI	
Gained weight	502	95.0	1.4	92.3	97.7
Lost weight	26	4.2	1.3	1.6	6.8
Weight did not change	†10	0.8	0.4	0.0	1.7
Total	538	100.0			

AFTER PREGNANCY

Table 32. Survey question 46. Percentage of infants put in neonatal intensive care unit (NICU) after birth.

Infant put in NICU	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	460	89.5	1.6	86.4	92.5
Yes	108	10.5	1.6	7.5	13.6
Total	568	100.0			

Table 33. Survey question 47. Length of infant stay in hospital after delivery.

Length of stay	Responses (n)	Weighted Percent	Standard Error	95% CI	
< 1 day	†23	3.6	1.2	1.2	5.9
1-2 days	302	62.6	3.0	56.8	68.5
3-5 days	133	22.2	2.7	17.0	27.5
6-14 days	43	5.7	1.3	3.1	8.3
More than 14 days	57	4.2	0.8	2.5	5.8
Infant not born in hospital	†4	1.5	0.8	0.0	3.0
Infant still in hospital	†3	0.2	0.1	0.0	0.4
Total	565	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 34. Survey questions 50 and 51. Percentage of mothers who ever breastfed or pumped breast milk and those still breastfeeding.

Ever breastfeed and still breastfeeding	Responses (n)	Weighted Percent	Standard Error	95% CI	
<u>Ever breastfeed or pumped breast milk</u>					
No	184	21.4	2.6	16.3	26.5
Yes	361	78.6	2.6	73.5	83.7
Total	545	100.0			
<u>Mothers who ever breastfed and still breastfeeding or feeding pumped milk to baby (at time survey)</u>					
No	225	52.8	3.6	45.8	59.8
Yes	136	47.2	3.6	40.2	54.2
Total	361	100.0			

Table 35. Survey question 53. Things that happened at hospital where new baby was born. (Hospital breastfeeding practices)

Things that happened	Responses (n)	Weighted Percent	Standard Error	95% CI	
Given information about breastfeeding	322	95.0	1.5	92.0	98.0
Baby stayed in same room	281	88.0	2.1	83.9	92.1
Hospital staff helped with breastfeeding	259	79.0	3.0	73.2	84.8
Breastfed first hour after delivery	208	70.4	3.3	63.9	76.8
Breastfed baby in hospital	306	93.5	1.7	90.1	96.9
Baby fed only breast milk at hospital	178	65.8	3.5	59.0	72.6
Told to breastfeed on demand	273	87.8	2.1	83.6	92.0
Hospital gave me breast pump	135	30.7	3.3	24.2	37.2
Hospital gave me gift pack with formula	217	57.2	3.6	50.1	64.3
Hospital gave telephone number to call for help with breastfeeding	267	81.4	2.9	75.8	87.0
Hospital staff gave baby a pacifier	237	57.8	3.6	50.7	64.9

Table 36. Survey question 54. Advice from health care worker on how to lay new infant down to sleep.

Received advice on infant sleep position	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	90	17.3	2.4	12.6	22.0
Yes	448	82.7	2.4	78.0	87.4
Total	538	100.0			

Table 37. Survey question 55. One position most often used to lay baby down to sleep.

Sleep position most often used	Responses (n)	Weighted Percent	Standard Error	95% CI	
Side	94	14.8	2.3	10.3	19.3
Back	344	68.7	3.0	62.9	74.5
Stomach	71	12.3	2.1	8.3	16.4
Other	†28	4.2	1.3	1.7	6.7
Total	537	100.0			

Table 38. Survey questions 56 and 57. Well baby care and all sources of care for sick infant.

Well-baby checkup and source of checkup	Responses (n)	Weighted Percent	Standard Error	95% CI	
<u>Infant had well-baby checkup</u>					
No	†14	3.0	1.1	0.9	5.1
Yes	523	97.0	1.1	94.9	99.1
Total	537	100.0			
<u>Source of well-baby checkup</u>					
Hospital clinic	76	18.2	2.6	13.1	23.3
Private doctor's office	352	65.8	3.1	59.6	72.0
Community health clinic	†13	3.5	1.3	0.9	6.0
Other	79	12.5	2.2	8.2	16.8
Total	520	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 39. Survey question 59. Where new baby taken when sick and needed care. All applicable sources checked.

Source of care for sick baby	Responses (n)	Weighted Percent	Standard Error	95% CI	
Hospital clinic	81	22.4	3.5	15.5	29.4
Hospital emergency room	110	32.5	4.0	24.7	40.4
Private doctor's office	219	68.4	4.0	60.6	76.2
Community health clinic	40	9.2	2.3	4.6	13.8
Other	†8	4.8	1.9	1.2	8.5

Table 40. Survey question 60. Assistance from home visitor to take care of self and new baby.

Mother had assistance	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	479	92.2	1.7	88.9	95.5
Yes	73	7.8	1.7	4.5	11.1
Total	552	100.0			

Table 41. Survey questions 61 and 62. Mother and husband or partner doing something now to keep from getting pregnant. Reasons for not doing something to keep from getting pregnant for women who answered "No." % Yes for all applicable reasons checked.

Doing something to prevent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	98	17.7	2.4	12.9	22.4
Yes	465	82.3	2.4	77.6	87.1
Total	563	100.0			

Reasons for not doing something to prevent pregnancy

Reasons for not doing something to prevent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not having sex	†26	28.6	6.8	15.0	42.2
Want to get pregnant	†13	14.6	5.4	3.9	25.4
Don't want to use birth control	†28	23.2	6.4	10.5	36.0
Worried about side effects	†24	19.6	5.6	8.4	30.8
Husband/partner doesn't want to	†7	6.2	3.8	0.0	13.7
Problems getting birth control	†6	4.1	3.2	0.0	10.4
Had tubes tied or blocked	†12	11.7	4.5	2.8	20.7
Pregnant now	†13	12.1	5.2	1.7	22.5
Other	†7	4.7	2.9	0.0	10.5

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 42. Survey question 63. Type of birth control being used now (postpartum) by woman, husband, partner.

Postpartum birth control used	Responses (n)	Weighted Percent	Standard Error	95% CI	
Tubes tied or blocked	70	8.4	1.8	4.9	11.8
Vasectomy	†13	4.4	1.4	1.7	7.1
Birth control pill	101	27.4	3.1	21.4	33.5
Condoms	173	30.0	3.1	23.9	36.1
Injection (Depo-Provera)	84	10.9	2.1	6.8	15.0
Contraceptive implant	†18	5.4	1.6	2.2	8.6
Contraceptive patch or vaginal ring	†13	2.5	1.1	0.4	4.6
IUD	55	14.0	2.4	9.2	18.7
Natural family planning, incl. rhythm	†16	5.8	1.7	2.5	9.2
Withdrawal	70	17.7	2.6	12.5	22.9
Not having sex (abstinence)	29	6.6	1.7	3.3	9.9
Other	†9	1.2	0.7	0.0	2.5

Table 43. Survey question 64. Percentage of women who have had a postpartum checkup since new baby was born.

Had postpartum checkup	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	90	14.2	2.2	9.8	18.6
Yes	474	85.8	2.2	81.4	90.2
Total	564	100.0			

Table 44. Survey question 65. Since new baby was born, how often mother felt down, depressed, or hopeless.

How often felt down, depressed, hopeless	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	†16	2.1	0.8	0.4	3.7
Often	54	6.6	1.5	3.6	9.6
Sometimes	141	25.4	2.7	20.0	30.7
Rarely	154	30.6	2.9	25.0	36.2
Never	200	35.4	3.0	29.5	41.3
Total	565	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 45. Survey question 66. Since new baby born, how often mother had little interest or pleasure in doing things.

How often had little interest or pleasure	Responses (n)	Weighted Percent	Standard Error	95% CI	
Always	32	3.2	1.1	1.1	5.3
Often	46	7.1	1.6	3.9	10.3
Sometimes	143	21.9	2.5	16.9	26.8
Rarely	159	32.4	2.9	26.6	38.1
Never	184	35.5	3.0	29.5	41.4
Total	564	100.0			

Table 46. Survey question 67. What kind of insurance mother has now (at time of survey). All applicable types checked.

Type of insurance	Responses (n)	Weighted Percent	Standard Error	95% CI	
Insurance from job, job of husband, partner, or parents	178	41.3	3.0	35.4	47.3
Insurance purchased directly from insurance company	41	9.2	1.8	5.7	12.7
Medicaid	159	16.2	2.2	11.9	20.6
ARKids First	48	6.4	1.6	3.4	9.5
Tricare or other military	†10	1.9	0.8	0.3	3.6
Other	†24	4.9	1.4	2.2	7.7
None	138	25.7	2.8	20.1	31.3

†Results with less than 30 responses may not be reliable and should be used with caution.

OTHER EXPERIENCES

Table 47. Survey questions 68 and 69. Miscarriage, fetal death, or stillbirth during 12 months before getting pregnant with new baby (Q. 68). Length of pregnancy before miscarriage, fetal death, or stillbirth (Q. 69).

Miscarriage 12 months before new pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	496	86.7	2.1	82.5	90.9
Yes	70	13.3	2.1	9.1	17.5
Total	566	100.0			

For mothers who had miscarriage, how long pregnancy lasted

Less than 20 weeks (4 months)	56	91.5	4.8	81.8	100.0
20-28 weeks (4-6 months)	†6	3.0	1.2	0.5	5.5
More than 28 weeks (6 months)	†4	5.5	4.7	0.0	14.9
Total	66	100.0			

Table 48. Survey question 70. Trying to get pregnant three months before got pregnant.

If trying to get pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
Trying to get pregnant	206	42.6	3.1	36.5	48.7
Trying not to get pregnant, but not trying hard	272	47.4	3.1	41.2	53.5
Trying hard not to get pregnant	86	10.0	1.9	6.4	13.7
Total	564	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 49. Survey question 71. How mother felt when found out pregnant with new baby.

How felt about pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Very unhappy	†24	3.2	1.1	0.9	5.4
Unhappy	45	6.3	1.5	3.3	9.3
Not sure	150	21.8	2.6	16.7	26.9
Happy	132	23.8	2.6	18.6	28.9
Very happy	216	44.9	3.1	38.8	51.0
Total	567	100.0			

Table 50. Survey question 72. Things that happened related to breastfeeding before new baby born (%Yes). All applicable choices checked.

Things that happened	Responses (n)	Weighted Percent	Standard Error	95% CI	
Questions about breastfeeding answered	318	56.1	3.1	50.0	62.2
Was offered class on breastfeeding	178	34.6	3.0	28.7	40.4
Attended class on breastfeeding	51	12.1	2.1	8.1	16.2
Decided to feed only breastmilk to baby	253	55.6	3.1	49.5	61.6
Discussed feeding only breast milk with family	229	50.9	3.1	44.8	57.0
Discussed feeding only breast milk with health care worker	206	43.0	3.1	36.9	49.1
Planned to breastfeed first hour after giving birth	281	57.9	3.1	51.8	63.9

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 51. Survey question 73. Things that make it hard to quit smoking (%Yes). (Responses from women who smoked three months before getting pregnant.)

Things that make it hard to quit	Responses (n)	Weighted Percent	Standard Error	95% CI	
Cost of medicines to help quit	55	33.5	5.6	22.5	44.5
Cost of classes to help quit	39	24.9	5.2	14.6	35.2
Fear of gaining weight	54	32.2	5.5	21.4	43.1
Loss of way to handle stress	123	72.4	5.1	62.4	82.5
Other people around me smoking	116	69.6	5.2	59.3	79.9
Cravings for cigarette	125	70.3	5.4	59.6	81.0
Lack of support from others to quit	58	40.6	5.8	29.1	52.1
Worsening depression	66	32.3	5.4	21.6	42.9
Worsening anxiety	80	45.1	5.8	33.6	56.5
Some other reason	†13	7.4	3.3	0.8	13.9

Table 52. Survey question 74. Emotional state during pregnancy.

Emotional state	Responses (n)	Weighted Percent	Standard Error	95% CI	
Happiest time	171	36.3	3.0	30.4	42.2
Happy time with few problems	250	42.7	3.1	36.7	48.8
Moderately hard time	84	12.0	2.0	8.1	16.0
Very hard time	47	6.9	1.6	3.9	10.0
Worst time of life	†15	2.0	0.8	0.4	3.6
Total	567	100.0			

Table 53. Survey question 75. Things that happened during pregnancy (% Yes). All applicable choices checked.

Things that happened	Responses (n)	Weighted Percent	Standard Error	95% CI	
Threatened by husband or partner	†22	3.2	1.1	1.2	5.3
Frightened due to threats or anger of husband or partner	†21	2.8	1.0	0.9	4.8
Husband or partner tried to control activities	36	4.2	1.3	1.7	6.8
Forced to take part in sexual activity by husband or partner	+7	1.7	0.9	0.0	3.4

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 54. Survey questions 76 and 77. Dental care.

Dental care	Responses (n)	Weighted Percent	Standard Error	95% CI	
<u>Ever had teeth cleaned by dentist or dental hygienist (Q. 76)</u>					
No	64	12.5	2.2	8.2	16.9
Yes	503	87.5	2.2	83.1	91.8
Total	567	100.0			
<u>How long since teeth cleaned (Q. 77). Responses from women who had ever had teeth cleaned.</u>					
Within past year	226	51.7	3.3	45.2	58.2
1 to 2 years	110	17.6	2.4	12.8	22.4
2 to less than 5 years	97	19.6	2.6	14.4	24.8
5 or more years	67	11.1	2.0	7.2	15.1
Total	500	100.0			

Table 55. Survey question 78. Felt treated unfairly for various reasons (% Yes).

Reason felt treated unfairly	Responses (n)	Weighted Percent	Standard Error	95% CI	
Race	†25	2.0	0.7	0.6	3.4
Age	†23	2.6	0.9	0.8	4.4
Language	†5	0.5	0.4	0.0	1.3
Citizenship	†7	0.9	0.6	0.0	2.0
Inability to pay	42	4.8	1.2	2.5	7.2
Don't know why	34	4.5	1.2	2.0	6.9
Other	†13	2.2	1.0	0.3	4.1
Not treated unfairly	310	60.3	3.2	54.1	66.6

†Results with less than 30 responses may not be reliable and should be used with caution.

Table 56. Survey questions 79 and 80. Yearly total household income 12 months before new baby born (Q. 79). Number of people depending on income (Q. 80).

Household income	Responses (n)	Weighted Percent	Standard Error	95% CI	
\$ 0 TO \$15,000	203	28.1	2.9	22.3	33.9
\$15,001 TO \$19,000	47	6.4	1.6	3.3	9.5
\$19,001 TO \$22,000	27	6.7	1.6	3.4	9.9
\$22,001 TO \$26,000	32	6.3	1.6	3.2	9.5
\$26,001 TO \$29,000	†18	4.1	1.3	1.5	6.6
\$29,001 TO \$37,000	†26	3.7	1.1	1.5	5.8
\$37,001 TO \$44,000	30	6.2	1.6	3.1	9.3
\$44,001 TO \$52,000	†21	4.2	1.2	1.8	6.6
\$52,001 TO \$56,000	†16	4.6	1.4	1.9	7.2
\$56,001 TO \$67,000	†29	6.9	1.6	3.8	10.0
\$67,001 TO \$79,000	†14	3.6	1.2	1.3	5.9
\$79,001 OR MORE	57	19.4	2.5	14.4	24.3
Total	520	100.0			

Number of people depending on income, including mother.

1	58	7.3	1.6	4.0	10.5
2	178	32.1	3.0	26.3	37.9
3	170	32.6	2.9	26.9	38.4
4	84	16.4	2.3	11.9	20.8
5	45	6.4	1.5	3.4	9.4
6	†10	2.7	1.2	0.5	5.0
7	†5	1.5	0.8	0.0	3.1
8	†3	0.4	0.4	0.0	1.2
9	†4	0.4	0.4	0.0	1.2
11	†1	0.1	0.1	0.0	0.2
12	†1	0.0	0.0	0.0	0.0
Total	559	100.0			

†Results with less than 30 responses may not be reliable and should be used with caution.

ⁱ Unadjusted or unweighted sample size. See introduction.

ⁱⁱ Percentage based on weighted or adjusted sample. See introduction